

Himalaya Restaurant

Takeaway Menu

Finest Indian Cuisine
Fully air conditioned restaurant

Website: www.kentbee.com/himalaya

Opening hours

Mon-Sat 5pm to 11.30pm

Sunday 12 noon to 11.30pm

393 Lewisham High Street
London
SE13 6NZ

Telephone: 020 8690 2863 or 020 8314 1353

All major credit cards accepted.

Experience the best quality restaurant food locally delivered to your door. Using only the freshest of ingredients to create a unique authentic taste.

Special offers

Free bottle of wine (red or white) for takeaway orders over £30.00

Free bottle of coke or Indian lager for takeaway orders over £25.00

Free delivery on orders over £10.00

10% discount on collection only, orders over £15.00

Starters

Soup Chicken/mushroom/tomato/mulligatawny/ dall	£2.25
Onion Bhaji	£2.25
Prawn Cocktail	£2.25
Aloo Chaat – spicy mashed potato rolled into a ball covered with breadcrumbs and deep fried	£2.25
Meat or Vegetable Samosa	£2.25
Prawn Puree Medium spiced prawns served on pancake	£2.65
Mushroom Puree	£2.65
Chana Puree	£2.65
Mixed Vegetable Puree	£2.65
Chicken Chaat	£2.65

Chopped chicken with chaat massalla	
Vegetable or Chicken Pakora Veg or chicken chunks deep fried in gram flour coating	£2.65
Chot Poti Prepared with chick peas and potatoes, cooked delicately in our own special sauce	£2.65
Tandoori Chicken (quarter)	£2.65
Shamee Kebab or Rashmee Kebab Covered with omelette	£2.65
Chicken or Lamb Tikka	£2.65
Sheek Kebab	£2.65
NEW Vegetable Cutlet Mashed potato. Peas and fresh coriander with mixed Panjabi spice	£2.75
Magic Mushroom - meat or vegetarian	£2.95
Kebab Roll	£2.95
Garlic Mushroom	£2.95
Tandoori Lamb Chop Tender baby lamb chops marinated overnight	£4.75
NEW Tandoori Paneer Tikka Spicy homemade cheese cooked in the tandoori	£3.75
Salmon Tikka Salmon marinated in special spices and barbequed in our tandoori oven	£3.95
King Prawn Butterfly	£3.95
King Prawn Puree	£4.65
Mixed Starter Lamb, chicken and sheek kebab	£4.65
NEW Mix Vegetable Platter Vegetable samosa, onion bhajee, vegetable pakora, magic mushroom	£4.75

Tandoori Dishes

All served with salad and mint sauce	
Chicken Tikka Medium spiced marinated chicken barbequed in clay oven	£5.75
Lamb Tikka Medium spiced marinated lamb barbequed in clay oven	£5.95
Salmon Tikka	£7.95
Duck Tikka	£7.95
Tandoori Chicken (half)	£4.75
Tandoori Chicken (full)	£7.95
Chicken Shaslic Boneless chicken barbequed with special spices, tomato, green peppers and onions	£6.25
Lamb Shaslic Boneless lamb barbequed with special spices, tomato, green peppers and onions	£6.75

Salmon Shaslic	£8.95
Duck Shaslic	£8.55
Sheek Kebab	£5.75
Tandoori Mixed Grill Consists of pieces of tandoori chicken, sheek kebab, chicken and lamb tikka and nan bread	£7.75
Tandoori King Prawn King prawn marinated in special spices and barbequed in clay oven	£9.95

Tandoori Special Dishes

	Chicken Tikka	Lamb Tikka
Curry (medium)	£4.65	£4.95
Madras (fairly hot)	£4.85	£4.95
Dansak (served with lentils - hot, sweet and sour)	£4.95	£5.35
Korma (mild)	£4.95	£5.35
Ceylon (cooked with coconut - fairly hot)	£4.95	£5.35
Malaya (with pineapple - medium)	£4.95	£5.35
Do-piazza (with onion and green pepper - medium)	£4.95	£5.35
Rogon (with tomatoes)	£4.95	£5.35
Bhuna (dry and spicy)	£4.95	£5.35
Patia (hot, sweet and sour)	£4.95	£5.35

House Specialities

Bakahara	
Barbequed with fresh herbs and coriander and gram massalla	
Chicken Tikka Bakahara	£5.85
Lamb Tikka Bakahara	£5.95
Duck Tikki Bakahara	£6.95
Tandoori King Prawn Bakahara	£9.95
Vegetable Bakahara	£4.95
Sheraji	
Spicy and sour topped with fried onions	
Chicken Tikka Sheraji	£5.85
Lamb Tikka Sheraji	£5.95
Duck Tikka Sheraji	£6.96
Tandoori King Prawn Sheraji	£9.95
Vegetable Sheraji	£4.95
Nooranee	
Barbequed and cooked with almond and coconut. Sweet creamy sauce	
Chicken Tikka Nooranee	£5.85
Lamb Tikka Noranee	£5.95
Duck Tikka Noranee	£6.95
Tandoori King Prawn Nooranee	£9.95

Vegetable Nooranee	£4.95
Massalla	
Barbequed and cooked with coconut, almonds and sultanas	
Chicken Tikka Massalla	£5.85
Lamb Tikka Massalla	£5.95
Duck Tikka Massalla	£6.95
Tandoori King Prawn Massalla	£9.95
Vegetable Massalla	£4.95
Passanda	
Cooked in fresh cream mixed with ground nuts, almonds and coconut, in a delicately flavoured sauce - very mild	
Chicken Tikka Passanda	£5.85
Lamb Tikka Passanda	£5.95
Duck Tikka Passanda	£6.95
Tandoori King Prawn Passanda	£9.95
Vegetable Passanda	£4.95
Jalfrezi	
Cooked with fried onions, green pepper and ginger, green chillies and garnished with fresh coriander - hot	
Chicken Tikka Jalfrezi	£5.85
Lamb Tikka Jalfrezi	£5.95
Duck Tikka Jalfrezi	£6.95
Tandoori King Prawn Jalfrezi	£9.95
Vegetable Jalfrezi	£4.95
Korai	
Cooked in medium sauce with green pepper, tomato and onions	
Chicken Tikka Korai	£5.85
Meat Tikka Korai	£5.95
Prawn Korai	£5.95
Duck Tikka Korai	£6.95
Tandoori King Prawn Korai	£9.95
Special Himalaya Korai (chicken, meat, king prawn)	£9.95
Vegetable Korai	£5.35
Mogali Chicken Mild dish with egg	£6.75
Shuka Chicken With local Catford honey, chef's special sauce, madras hot	£6.55
NEW Hariyali Chicken or Lamb Marinated with garam massalla, ginger, garlic, coriander, green chilli, lemon and cream	£7.75
NEW Murgh Mirchi Chicken or Lamb Cooked with roasted garlic, ginger, capsicum, fresh coriander and fresh green chilli paste	£7.75

NEW Himalaya Meat Highly spiced minced meat, chicken with garlic, onion, tomato, green chillis. Peas and potatoes, decorated with egg	£7.95
Chef's Specials	
Butter Chicken Tikka Mild, cooked with cream, butter, almond and coconut	£5.85
Butter Lamb Tikka Mild, cooked with cream, butter, almond and coconut	£5.95
Garlic and Chilli Chicken Tikka Cooked with green chillies and thick sauce	£5.85
Garlic and Chilli Lamb Tikka Cooked with green chillies and thick sauce	£5.95
Chicken Tikka Jal Massalla Hot with thick sauce	£5.85
Lamb Tikka Jal Massalla Hot with thick sauce	£5.95
Chicken Tikka Achari Cooked with tamarind sauce and herbs	£5.85
Lamb Tikka Achari Cooked with tamarind sauce and herbs	£5.95
Bengal Fish Fresh water fish cooked with medium spicy sauce	£5.95
Murgi Massalla Tandoori chicken, mince meat and egg - medium hot	£6.95
Naga Chicken or Lamb Tikka Tender pieces of chicken or lamb cooked with green pepper and onion with special Bangladeshi chilli	£5.95
NEW Rezalla Pieces of chicken or lamb tikka cooked in a hot and slightly tangy sauce made with fresh green chillies, capsicum and tomato	£6.95
NEW Murgh Zil Zala Marinated chicken fried and cooked with mustard, green pepper, onion and green chilli	£6.95
NEW Shorisha Mass Fish cooked with onion, tomato and mustard seeds	£6.75

Conventional Curry Dishes

	Chicken	Lamb	Vegetable	Prawn	King Prawn
Curry Cooked with medium spices	£3.85	£4.65	£3.45	£4.65	£7.95
Madras Fairly hot, cooked with fresh lemon sauce	£3.95	£4.75	£3.55	£4.75	£7.95

Vindaloo Cooked in very hot sauce and pieces of potato	£3.95	£4.85	£3.55	£4.85	£7.95
Phall Hottest curry in the world	£3.95	£4.85	£3.65	£4.85	£7.95
Korma Very mild cooked with ground almond, cream and coconut	£4.45	£4.95	£4.15	£4.95	£8.25
Kashmir Mild curry with fruits	£4.45	£4.95	£4.15	£4.95	£8.25
Himalaya Creamy sauce with fruits	£4.45	£4.95	£4.15	£4.95	£8.25
Bhuna Slightly dry and spicy, medium	£4.45	£4.95	£4.15	£4.95	£8.25
Rogan Garnished with fresh tomatoes and onions in thick spicy sauce	£4.45	£4.95	£4.15	£4.95	£8.25
Dupiaza Medium dry, cooked with sliced onion and green pepper	£4.45	£4.95	£4.15	£4.95	£8.25
Dansak Hot, sweet and sour cooked with lentils	£4.45	£4.95	£4.15	£4.95	£8.25
Pathia Prepared with spicy sauce, hot, sweet and sour	£4.45	£4.95	£4.15	£4.95	£8.25
Dilkush Dry dish with herbs and green massalla	£4.45	£4.95	£4.15	£4.95	£8.25
Khushboo Dry with thick spicy sauce with herbs	£4.45	£4.95	£4.15	£4.95	£8.25
Sagwala	£4.75	£5.35	£4.45	£5.35	£8.55

Special Balti Dishes

Freshly roasted and ground whole spices create the most aromatic spice mixtures, served with pilau rice or nan bread

Balti Chicken Tikka	£6.95
Balti Lamb Tikka	£7.45
Balti Mixed Vegetable	£6.55
Balti Prawn	£7.45
Balti Tandoori King Prawn	£9.95

Biriany Dishes

Basmati rice fried with either chicken, lamb or prawns, served with a side dish of

vegetable curry	
Chicken Biriany	£6.25
Lamb Biriany	£6.75
Chicken / Lamb Tikka Biriany	£6.95
Prawn Biriany	£6.25
King Prawn Biriany	£9.95
Himalaya Special Biriany (chicken, meat and prawn)	£9.95
Persian Biriany	£5.95
Vegetable Biriany	£5.95
Mushroom Biriany	£5.95

Set Menu

Starter: Tikka (Chicken or Lamb) or Vegetable / Meat Samosa or Onion Bhajee or Allo Chat
Main: Tikka Massalla (Chicken or Lamb) or Bhuna (Chicken or Lamb)
Side Dishes: Vegetable Curry or Aloo Paluk, Pilau and nan bread
For one person: £12.95
For two people: £22.95

Vegetable Side Dishes

Vegetable Curry (medium)	£2.65
Vegetable Bhaji (medium & dry)	£2.65
Bombay Potatoes Fried pieces of potato cooked in medium spice	£2.65
Sag Aloo Spinach and potato cooked together in a medium spice	£2.65
Sag Bhaji (spinach)	£2.65
Cauliflower Bhaji	£2.65
Mushroom Bhaji	£2.65
Palak Poneer Homemade cheese cooked with spinach	£2.75
Bhindi Bhaji Okra, dry spicy ladies finger	£2.65
Motor Poneer Peas cooked with homemade cheese	£2.75
Tarka Dall Lentils garnished with garlic	£2.65
Chana Massalla Chickpeas cooked in medium sauce	£2.65
Brinjal Bhaji (aubergine)	£2.65
Aloo Gobi Potatoes and cauliflower	£2.65
Dall Samba Lentils and vegetables	£2.75

Sundries

Boiled Rice (white)	£1.75
Pilau Rice	£1.85
Vegetable Rice	£2.75
Peas Pilau	£2.75
Special Pilau (eggs and peas)	£2.75
Persian Pilau (pineapple)	£2.75
Mushroom Pilau	£2.75
Coconut Rice	£2.75
Lemon Rice	£2.75
Keema Pilau (mince lamb fried with pilau rice)	£2.95
Chicken Fried Rice	£2.95
Plain Nan	£1.75
Garlic Nan	£1.85
Chicken Nan	£1.85
Kulcha Nan	£1.85
Keema Nan (stuffed with minced lamb)	£1.85
Stuffed Nan (stuffed with vegetables)	£1.85
Peshwari Nan (stuffed with cream, coconut, sultanas and almonds)	£1.85
Plain Paratha	£1.75
Egg Paratha	£1.85
Stuffed Paratha	£1.85
Plain Chapati	£1.15
Butter Chapati	£1.25
Puree	£1.25
Tandoori Roti	£1.75
Plain Papadum	£0.50
Spicy Papadum	£0.50
Chips	£1.75
Raitha (cool yoghurt with cucumber and onions)	£1.45
Chutney (per person) mango, lime, mint, onion salad	£0.50

Thali Dishes

Served with rice or nan	
Vegetarian Chana, bombay aloo, dall, vegetable curry and raitha	£10.95
Non-vegetarian Chicken tikka massalla, chicken tikka, meat bhuna, raitha and sheek kebab	£11.95

English Dishes

Served with rice, tomatoes and peas	
Fried Chicken	£4.95

Plain Omelette	£3.95
Mushroom Omelette	£4.55

Updated 20th August 2010
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