

# Himalaya Restaurant

## Restaurant Menu

**Finest Indian Cuisine**  
**Fully air conditioned restaurant**

**Website:** [www.kentbee.com/himalaya](http://www.kentbee.com/himalaya)

### Opening hours

Mon-Sat 5pm to 11.30pm

Sunday 12 noon to 11.30pm

Sunday special price for lunch (12pm-4pm)

**393 Lewisham High Street**  
**London**  
**SE13 6NZ**

**For reservations telephone:** 020 8690 2863 or 020 8314 1353

All major credit cards accepted.

You've tried the rest, now try the best

We use only the freshest of ingredients to create our unique authentic taste

Takeaways available – experience the best quality restaurant food delivered to your door (local area only). See the Himalaya Take Away menu (prices differ).

### Starters

Soup Chicken/mushroom/tomato/mulligatawny/ dall	£2.35
Onion Bhaji	£2.35
Prawn Cocktail	£2.35
Aloo Chat Spicy mashed potatoes rolled into a ball, covered with breadcrumbs and deep fried	£2.35
Meat or Vegetable Samosa	£2.35
Prawn Puree Medium spiced prawns served on pancake	£2.95
Mushroom Puree	£2.95
Chana Puree	£2.95
Mixed Vegetable Puree	£2.95
Chicken Chaat Chopped chicken with chatt massalla	£2.95

Vegetable or Chicken Pakora Veg or chicken chunks deep fried in gram flour coating	£2.95
Chot Poti Prepared with chick peas and potatoes cooked delicately in our own special sauce	£2.95
Tandoori Chicken (quarter)	£2.95
Shamee Kebab or Rashmee Kebab Covered with omelette	£2.95
Chicken or Lamb Tikka	£2.95
Sheek Kebab	£2.95
Vegetable Cutlet Mashed potatoes, peas and fresh coriander with mixed Punjabi spice	£2.95
Magic Mushroom - meat or vegetarian	£3.55
Kebab Roll	£3.55
Garlic Mushroom	£3.55
Tandoori Lamb Chop Tender baby lamb chop marinated overnight	£4.95
Tandoori Paneer Tikka Spicy homemade cheese cooked in the tandoori	£4.75
Salmon Tikka Marinated in special spices and barbequed our tandoori oven	£4.95
King Prawn Butterfly	£4.75
King Prawn Puree	£4.95
Mixed Starter Lamb, chicken and sheek kebab	£4.95
Mixed Vegetable Platter Vegetable samosa, onion bhajee, vegetable pakora and magic mushroom	£4.95

### **Tandoori Dishes**

<b>All served with salad and mint sauce</b>	
Chicken Tikka Medium spiced marinated chicken barbequed in clay oven	£6.25
Lamb Tikka Medium spiced marinated lamb barbequed in clay oven	£6.75
Salmon Tikka	£8.95
Duck Tikka	£8.95
Tandoori Chicken (half)	£5.75
Tandoori Chicken (full)	£9.55
Chicken Shaslic Boneless chicken barbequed with special spices, tomato, green peppers and onions	£7.25
Lamb Shaslic Boneless lamb barbequed with special spices, tomato, green	£7.55

peppers and onions	
Salmon Shaslic	£9.95
Duck Shaslic	£9.95
Tandoori Mixed Grill Consists of pieces of tandoori chicken, sheek kebab, chicken and lamb tikka and nan bread	£9.55
Tandoori King Prawn King prawn marinated in special spices and barbequed in clay oven	£11.95

### **Tandoori Special Dishes**

Chicken Tikka Curry (medium)	£4.95
Lamb Tikka Curry (medium)	£4.95
Chicken Tikka Madras (fairly hot)	£4.95
Lamb Tikka Madras (fairly hot)	£5.75
Chicken Tikka Dansak (served with lentils - hot, sweet and sour)	£5.75
Lamb Tikka Dansak (served with lentils - hot, sweet and sour)	£5.95
Chicken Tikka Korma (mild)	£5.75
Lamb Tikka Korma (mild)	£5.95
Chicken Tikka Ceylon (cooked with coconut, fairly hot)	£5.75
Lamb Tikka Ceylon (cooked with coconut, fairly hot)	£5.95
Chicken Tikka Malaya (with pineapple, medium)	£5.75
Lamb Tikka Malaya (with pineapple, medium)	£5.95
Chicken Tikka Do-piazza (with onion and green pepper, medium)	£5.75
Lamb Tikka Do-piazza (with onion and green pepper, medium)	£5.95
Chicken Tikka Rogon (with tomatoes)	£5.75
Lamb Tikka Rogon (with tomatoes)	£5.95
Chicken Tikka Bhuna (dry and spicy)	£5.75
Lamb Tikka Bhuna (dry and spicy)	£5.95
Chicken Tikka Patia (hot, sweet and sour)	£5.75
Lamb Tikka Patia (hot, sweet and sour)	£5.95

### **House Specialities**

<b>Bakahara</b>	
<b>Barbequed with fresh herbs, coriander and garam massalla</b>	
Chicken Tikka Bakahara	£6.95
Lamb Tikka Bakahara	£7.35
Tandoori King Prawn Bakahara	£11.95
Duck Tikka Bakahara	£9.95
Vegetable Bakahara	£6.55
<b>Sheraji</b>	
<b>Spicy and sour topped with fried onions</b>	
Chicken Tikka Sheraji	£6.95
Lamb Tikka Sheraji	£7.35
Tandoori King Prawn Sheraji	£11.95

Duck Tikka Sheraji	£9.95
Vegetable Sheraji	£6.55
<b>Nooranee</b>	
<b>Barbequed and cooked with almond and coconut in sweet creamy sauce</b>	
Chicken Tikka Nooranee	£6.95
Lamb Tikka Norranee	£7.35
Tandoori King Prawn Nooranee	£11.95
Duck Tikka Noranee	£9.95
Vegetable Nooranee	£6.55
<b>Massalla</b>	
<b>Barbequed and cooked with coconut, almonds and sultanas</b>	
Chicken Tikka Massalla	£6.95
Lamb Tikka Massalla	£7.35
Tandoori King Prawn Massalla	£11.95
Duck Tikka Massalla	£9.95
Vegetable Massalla	£6.55
<b>Passanda</b>	
<b>Cooked in fresh cream mixed with ground nuts, almonds and coconut, in a delicately flavoured sauce, very mild</b>	
Chicken Tikka Passanda	£6.95
Lamb Tikka Passanda	£7.35
Tandoori King Prawn Passanda	£11.95
Duck Tikka Passanda	£9.95
Vegetable Passanda	£6.55
<b>Jalfrezi</b>	
<b>Cooked with fried onions, green pepper and ginger, green chillies and garnished with fresh coriander, hot</b>	
Chicken Tikka Jalfrezi	£6.95
Lamb Tikka Jalfrezi	£7.35
Tandoori King Prawn Jalfrezi	£11.95
Duck Tikka Jalfrezi	£9.95
Vegetable Jalfrezi	£6.55
<b>Korai</b>	
<b>Cooked in medium sauce with green pepper, tomato and onions</b>	
Chicken Tikka Korai	£6.95
Meat Tikka Korai	£7.35
Prawn Korai	£7.35
Tandoori King Prawn Korai	£11.95
Duck Tikka Korai	£9.95
Special Himalaya Korai (chicken, meat, king prawn)	£11.95
Vegetable Korai	£6.55
Mogali Chicken Mild dish with egg	£6.95

Shuka Chicken With local Catford honey, chef's special sauce, madras hot	£7.35
Hariyali Chicken or Lamb Marinated with garam massalla, ginger, garlic, coriander, green chilli, lemon and cream	£9.55
Murgh Mirchi Chicken or Lamb Cooked with roasted garlic, ginger, capsicum, fresh coriander and green chilli paste	£9.55
Himalaya Meat Highly spiced minced meat and chicken with garlic, onion, tomato, green chillies, peas, potatoes, decorated with egg	£9.95
<b>CHEF'S SPECIALS</b>	
Butter Chicken Tikka Mild, cooked with cream, butter, almond and coconut	£6.95
Butter Lamb Tikka Mild, cooked with cream, butter, almond and coconut	£7.35
Garlic and Chilli Chicken Tikka Cooked with green chillies and thick sauce	£6.95
Garlic and Chilli Lamb Tikka Cooked with green chillies and thick sauce	£7.35
Chicken Tikka Jal Massalla Hot with thick sauce	£6.95
Lamb Tikka Jal Massalla Hot with thick sauce	£7.35
Chicken Tikka Achari Cooked with tamarind sauce and herbs	£6.95
Lamb Tikka Achari Cooked with tamarind sauce and herbs	£7.35
Bengal Fish Fresh water fish cooked with medium spicy sauce	£6.95
Murgi Massalla Tandoori chicken, mince meat and egg, medium hot	£9.95
Naga Chicken or Lamb Tikka Tender pieces of chicken or lamb cooked with green pepper and onion with special Bangladeshi chilli	£7.25
Rezalla Pieces of chicken or lamb tikka cooked in a hot and slightly tangy sauce made with green chillies, capsicum and tomato	£8.95
Murgh Zil Zala Marinated chicken cooked with mustard, green pepper, garlic, onion and green chilli	£8.95
Shorisha Mass Fish cooked with onion, tomato and mustard seeds	£6.95

### Conventional Curry Dishes

	Chicken	Lamb	Vegetable	Prawn	King Prawn
Curry Cooked with medium spices	£4.35	£4.75	£3.95	£4.75	£8.45
Madras Fairly hot, cooked with fresh lemon sauce	£4.45	£4.85	£3.95	£4.85	£8.45
Vindaloo Cooked in very hot sauce and pieces of potato	£4.55	£4.85	£3.95	£4.85	£8.45
Phall Hottest curry in the world	£4.55	£4.85	£3.95	£4.85	£8.45
Korma Very mild cooked with ground almond, cream and coconut	£5.25	£5.75	£4.85	£5.75	£8.95
Kashmir Mild curry with fruits	£5.25	£5.75	£4.85	£5.75	£8.95
Himalaya Creamy sauce with fruits	£5.25	£5.75	£4.85	£5.75	£8.95
Bhuna Slightly dry and spicy, medium	£5.25	£5.75	£4.85	£5.75	£8.95
Rogan Garnished with fresh tomatoes and onions in thick spicy sauce	£5.25	£5.75	£4.85	£5.75	£8.95
Dupiaza Medium dry, cooked with sliced onion and green pepper	£5.25	£5.75	£4.85	£5.75	£8.95
Dansak Hot, sweet and sour cooked with lentils	£5.25	£5.75	£4.85	£5.75	£8.95
Pathia Prepared with spicy sauce, hot, sweet and sour	£5.25	£5.75	£4.85	£5.75	£8.95
Dilkush Dry dish with herbs	£5.25	£5.75	£4.85	£5.75	£8.95
Khushboo Dry with thick spicy sauce	£5.25	£5.75	£4.85	£5.75	£8.95
Sagwala	£5.95	£6.25	£5.25	£6.25	£9.95

### Special Balti Dishes

<b>Freshly roasted and ground whole spices create the most aromatic spice mixtures, served with pilau rice or nan bread</b>	
Balti Chicken Tikka	£7.95
Balti Lamb Tikka	£8.55
Balti Mixed Vegetable	£7.55

Balti Prawn	£8.55
Balti Tandoori King Prawn	£11.95

### **Biriany Dishes**

<b>Basmati rice fried with either chicken, lamb or prawns, served with a side dish of vegetable curry</b>	
Chicken Biriany	£6.95
Lamb Biriany	£7.55
Chicken / Lamb Tikka Biriany	£7.95
Prawn Biriany	£7.55
King Prawn Biriany	£11.95
Himalaya Special Biriany (chicken, meat and prawn)	£11.95
Persian Biriany	£6.55
Vegetable Biriany	£6.55
Mushroom Biriany	£6.55

### **Set Menu**

Starter: Tikka (Chicken or Lamb) or Vegetable / Meat Samosa or Onion Bhajee or Allo Chat
Main: Tikka Massalla (Chicken or Lamb) or Bhuna (Chicken or Lamb)
Side Dishes: Vegetable Curry or Aloo Paluk, Pilau rice and nan bread
For one person: £14.95
For two people: £25.95

### **Vegetable Side Dishes**

Vegetable Curry (medium)	£2.95
Vegetable Bhaji (medium & dry)	£2.95
Bombay Potatoes Fried pieces of potato cooked in medium spice	£2.95
Sag Aloo Spinach and potato cooked together in a medium spice	£2.95
Sag Bhaji (spinach)	£2.95
Cauliflower Bhaji	£2.95
Mushroom Bhaji	£3.25
Palak Poneer Homemade cheese cooked with spinach	£3.25
Bhindi Bhaji Okra, dry spicy ladies finger	£3.25
Motor Poneer Peas cooked with homemade cheese	£3.25
Tarka Dall Lentils garnished with garlic	£2.95
Chana Massalla Chickpeas cooked in medium sauce	£2.95
Brinjal Bhaji (aubergine)	£2.95

Aloo Gobi Potatoes and cauliflower	£2.95
Dall Samba Lentils and vegetables	£3.25

### Sundries

Boiled Rice (white)	£1.95
Pilau Rice	£2.25
Vegetable Rice	£3.25
Peas Pilau	£3.25
Special Pilau (eggs and peas)	£3.25
Persian Pilau (pineapple)	£3.25
Mushroom Pilau	£3.25
Coconut Rice	£3.25
Lemon Rice	£3.25
Keema Pilau (mince lamb fried with pilau rice)	£3.55
Chicken Fried Rice	£3.55
Plain Nan	£1.95
Garlic Nan	£2.25
Chicken Nan	£2.25
Kulcha Nan	£2.25
Keema Nan (stuffed with minced lamb)	£2.25
Stuffed Nan (stuffed with vegetables)	£2.25
Peshwari Nan (stuffed with coconut, sultanas and almond)	£2.25
Plain Paratha	£1.95
Egg Paratha	£3.25
Stuffed Paratha	£2.25
Plain Chapati	£1.35
Butter Chapati	£1.25
Puree	£1.25
Tandoori Roti	£1.95
Plain Papadum	£0.55
Spicy Papadum	£0.55
Chips	£1.85
Raitha (cool yoghurt with cucumber and onions)	£1.85
Chutney (mango, lime, min, onion salad) per person	£0.55

### Thali Dishes

<b>Served with rice or nan</b>	
Vegetarian Chana, bombay aloo, dall, vegetable curry and raitha	£12.95
Non-vegetarian Chicken tikka massalla, chicken tikka, meat bhuna, raitha and sheek kebab	£13.95

**English Dishes**

<b>Served with chips, tomatoes and peas</b>	
Fried Chicken	£5.95
Plain Omelette	£4.85
Mushroom Omelette	£5.85

Updated 19<sup>th</sup> March 2011  
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